

Whole-Home Declutter Checklist

A practical room-by-room printable for clearing what you no longer use.

ENTRY + LIVING

- ☐ Remove rubbish and recycling
- ☐ Return items to their real homes
- ☐ Limit shoes and bags by the door
- ☐ Clear one visible surface
- ☐ Donate decor you no longer enjoy

KITCHEN

- ☐ Discard expired food safely
- ☐ Remove duplicate utensils
- ☐ Match containers with lids
- ☐ Clear one counter zone
- ☐ Donate appliances you do not use

BEDROOM

- ☐ Remove clothes that no longer fit
- ☐ Clear the bedside surface
- ☐ Empty the chair or floor pile
- ☐ Sort one drawer at a time
- ☐ Move off-season items out of prime space

BATHROOM

- ☐ Remove empty products
- ☐ Check expired cosmetics/toiletries
- ☐ Group backups together
- ☐ Keep daily items easy to reach
- ☐ Dispose of medicines using local guidance

PAPER + DIGITAL

- ☐ Recycle obvious junk mail
- ☐ Create one action pile
- ☐ File essential documents
- ☐ Delete duplicate downloads/screenshots
- ☐ Unsubscribe from one unwanted email list

FINISH THE RESET

- ☐ Fill one donation bag
- ☐ Take donations out promptly
- ☐ Label only what needs labels
- ☐ Keep exits and walkways clear
- ☐ Schedule a 10-minute weekly reset